

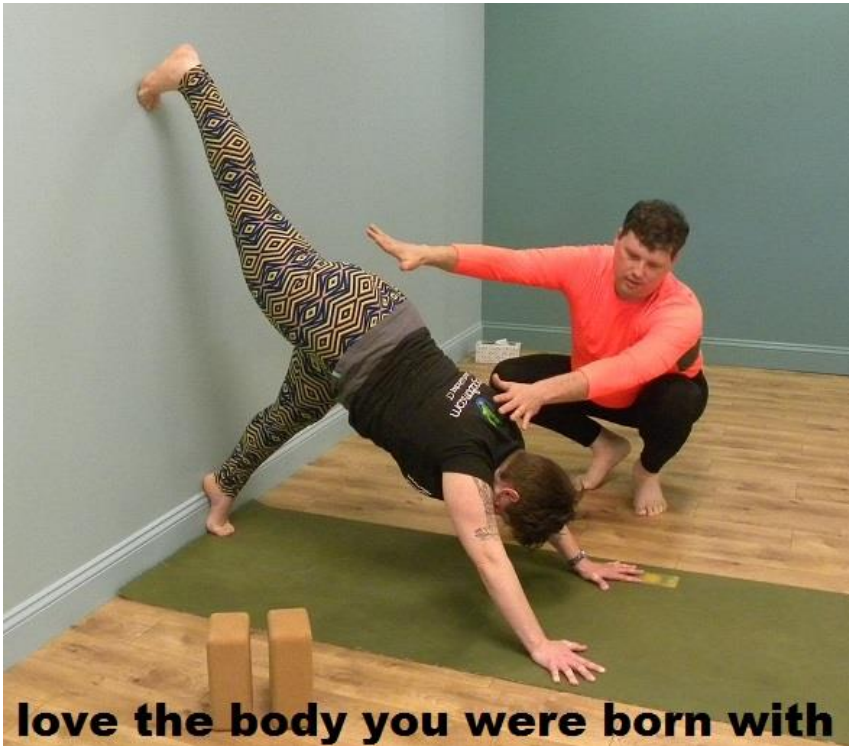


Small
Business of
the Year



Dynamic Duo

Wall Practice & Yoga Nidra



love the body you were born with

Sun Jul 9th
5:00-6:30pm



\$25 Sign Up By 7/7
\$22 Early Bird Ends 6/26
\$20 Yoga Born Member

Space is Limited

Learn more @ YogaBorn.com

Alignment is the key to safely build on your strength, flexibility, balance and confidence. Your body-mind will be fully restored and rejuvenated by Yoga Nidra.

Prerequisite, practicing @ Yoga Born a min of 2 mo.

Bare feet in studio. **Silence** electronics. **Refrain** from wearing perfumes.
Arrive early, to honor the time advertised.

YogaBorn.com (860) 432-5678
Town Center Plaza 1735 Ellington Rd, South Windsor