

Sep-Dec 2016



Small Business of the Year 2016



Teacher Mentoring

Taught by Dawn Greenfield & Rob Nolan

Do you love yoga and wish that you could skillfully share it with others?

Have you ever imagined that YOU could be a Yoga Born Teacher? You can!

The Yoga Born Teacher Mentoring provides a unique opportunity for you to learn from the Yoga Born Founders how to teach skillfully and safely. You will be supported towards discovering your own authentic way of teaching.



Limited spaces are available. Only 2-4 applicants will be accepted. **Apply by Sun Jul 31**

Dates & Times Because this is an accelerated program all dates are mandatory.

Fri Sep 16 5-8p	Sat Sep 24 8a-5p	Sun Sep 25 8:30a- 1:30p	Fri Sep 30 5p-8p
Thu Oct 6 4:30-9:30p	Sat Oct 15 8a-5p	Sun Oct 16 8:30a-1:30p	Fri Oct 21 5-8p
Wed Nov 9 4:30-8:30p	Sat Nov 12 8a-5p	Sun Nov 13 8:30a-1:30p	Fri Nov 18 5p-8p

December dates to be determined to practice teaching public yoga classes.

This is a comprehensive sixty hour introduction into teaching yoga, as well as the entry point for the Yoga Born Teacher Training. There will be emphasis on sequencing strategies, instructional movement and in-depth alignment supported by anatomy studies.

Are you a good candidate for the Yoga Born Teacher Mentoring?

- 🌿 Are you interested in teaching at Yoga Born?
- 🌿 Do you share Our Philosophy? Dawn and Rob believe in an authentic rapport with students and respectfully teaching students at their ability level while celebrating their progress.
- 🌿 Have you been practicing at Yoga Born for a minimum 30 classes of Yoga Born with Dawn and or Rob?

If you answered **YES** to all of the above questions, **we want you to apply!**

Tuition Non-refundable deposit \$100 required to reserve your space by Sun Aug 14. A monthly payment plan gives you financial flexibility \$275 per month via credit card the 1st of Sep, Oct and Nov.

Our intention with the Yoga Born Teacher Mentoring is to offer you a **paid position** as a teacher immediately after completion
\$ \$ \$ \$

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